

## FACULTY

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## SPONSORS



1.200 €



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## INFORMATIONS

### Venue

**Theater im Park**  
Im Kurpark, 32545 Bad Oeynhausen

### Accommodation

Please make reservations directly in the following Hotel

**Vienna House Easy Bad Oeynhausen**  
Morsbachallee 1, 32545 Bad Oeynhausen, Tel: +49 5731 257-0

Refer to our reservation CPXI 2023. The reserved block of rooms for the Conference will only be held until 15.08.

### Organizer

**b4c & solutions GmbH**  
Diana Heidenberger  
Tel: +49 8142 4219480, E-Mail: heidenberger@b4c-solutions.de

Please contact us for any queries or and further information.

### Registration

Includes Entrance, Refreshments at breaks and lunch, Welcome Reception and Course Dinner, free membership to CPXI for 2023

**Early bird** till September 4<sup>th</sup> 2023 950,- €  
**Late booker** after September 4<sup>th</sup> 2023 1.100,- €

[CLICK FOR THE ONLINE REGISTRATION](#)

### “YOUNG INVESTIGATOR ABSTRACT COMPETITION”

During the Young Investigator Award session of the 25<sup>th</sup> Practicum on Clinical Exercise Testing, two prizes will be awarded to outstanding research projects. For this session, scientific abstracts from the field of cardiopulmonary exercise testing may be submitted by researchers of age 35 and less.

For more details, go to



Under the auspices of  
tba

“Young Investigator  
Abstract Competition”

[CLICK FOR MORE INFORMATION](#)

25<sup>TH</sup>  
**EUROPEAN  
PRACTICUM**  
ON CLINICAL EXERCISE TESTING

**11.-13.10.2023**  
BAD OEYNHAUSEN

Course directors  
**Hendrik Bante**  
**Karl-Otto Dubowy**  
**Daniel Dumitrescu**  
Herz- und Diabeteszentrum  
Bad Oeynhausen



Dear Colleagues,

Over the past decades, cardiopulmonary exercise testing (CPET) has evolved into a reliable, comprehensive clinical and scientific tool in various fields of medicine: quantification of exercise intolerance, for a differential diagnosis of unexplained dyspnoea, for risk stratification / pre-operative risk assessment, for monitoring of therapeutic response and many other applications. In sports medicine, CPET is a unique tool for the evaluation of athletes in terms of quantifying metabolic responses to exercise, as a basis for training recommendations, and to detect cardiopulmonary abnormalities in early stages.

This three-day course, organized by CPX International, is intended to give a comprehensive overview of the physiological basis of exercise performance, clinical evidence and applications of cardiopulmonary exercise testing, new developments in the field and practical, case-based learning. In break-out sessions, interactive specialty tutorials in small groups and live demonstrations will complement the knowledge gained from the plenary sessions. Last but not least, a prize will be awarded to Young Investigators for outstanding abstracts in the field of exercise testing.

An experienced faculty of internationally-recognized experts in cardiopulmonary exercise testing will lead through the course, lab session and tutorials, and be available for questions and discussion.

All levels of CPET experience from novice to expert are accommodated. Participants are assigned to laboratory groups and tutorials according to experience and specialty interest, and will be able to familiarise themselves with the equipment and methodology involved in CPET.

We cordially invite you to join the 25th European Practicum on Clinical Exercise Testing, and welcome you to the charming and picturesque Town of Bad Oeynhausen.

**Hendrik Bante**  
**Karl-Otto Dubowy**  
**Daniel Dumitrescu**  
Course Chairs

## AGENDA WEDNESDAY OCTOBER 11<sup>TH</sup>

- 08:30-09:00 Registration
- 09:00-09:10 Welcome and Introduction  
[V. Rudolph](#), [H. Bante](#), [D. Dumitrescu](#), [K.O. Dubowy](#)
- 09:10-10:10 Physiological Basis of Exercise Performance  
[A. Schmidt-Trucksäss](#)
- 10:10-10:40 Coffee Break, Refreshments
- 10:40-11:40 Pathophysiology of Exercise Limitation  
[P.G. Agostoni](#)
- 11:40-12:30 Interactive Tutorial Sessions in Small Groups (Beginners, Intermediate, Advanced)  
Faculty
- 12:30-13:30 Lunch Break
- 13:30-14:00 Conducting the Clinical Study: Equipment, Calibration, Technical Troubleshooting  
[A. Schmidt-Trucksäss](#)
- 14:00-14:30 Protocols: Ramp Tests, Constant Work Rate Tests  
[M. Riley](#)
- 14:30-15:00 Normal Values and their Pitfalls  
[A. Hager](#)
- 15:00-15:30 Formatting exercise test results  
[D. Dumitrescu](#)
- 15:30-16:00 Coffee Break, Refreshments
- 16:00-16:30 Cardiac Output Measurements during exercise  
[P.G. Agostoni](#)
- 16:30-17:00 Clinical Value of Exercise Hemodynamics  
[G. Kovacs](#)
- 17:00-18:00 CPET for Endurance Sports – Tool or Toy?  
A casual discussion  
[S. Köhn](#), [H. Bante](#), [K.O. Dubowy](#), [J. Fritsch](#)
- 18:00 Welcome Reception

## AGENDA THURSDAY OCTOBER 12<sup>TH</sup>

- 08:30-09:00 Exercise Testing in Heart Failure  
[P.G. Agostoni](#)
- 09:00-09:30 Exercise Testing in Valvular Heart Disease  
[D. Dumitrescu](#)
- 09:30-10:00 Exercise Testing in Congenital Heart Disease  
[A. Hager](#)
- 10:00-10:30 Exercise Testing in Lung Disease  
[F.J. Meyer](#)
- 10:30-11:00 Coffee Break, Refreshments
- 11:00-11:30 Exercise Testing in Pulmonary Vascular Disease  
[D. Dumitrescu](#)
- 11:30-12:00 Cardiac rehabilitation and CPET  
[P.G. Agostoni](#)
- 12:00-12:30 Pre- and rehabilitation concepts in malignant diseases  
[D. Levett](#)
- 12:30-13:30 Workshop 1: Ramp Exercise Test  
Faculty
- 13:30-14:30 Lunch Break
- 14:30-15:00 CPET in surgery: Implications for peri- and post-operative management  
[D. Levett](#)
- 15:00-15:30 Gas exchange patterns in Metabolic Disorders  
[M. Riley](#)
- 15:30-16:30 Workshop 2: Constant Workload Test  
Faculty
- 16:30-17:00 Coffee Break, Refreshments
- 17:00-17:30 Exercise testing in children  
[T. Takken](#)
- 17:30-18:00 Cardiopulmonary adaptation to hypoxia in the Healthy: The Xtreme Everest Experience  
[D. Levett](#)
- 19:30 Course Dinner

## AGENDA FRIDAY OCTOBER 13<sup>TH</sup>

- 08:30-09:00 Recent advances in CPET: Update 2023  
[F.J. Meyer](#)
- 09:00-09:30 CPET for the evaluation of athletes  
[K.O. Dubowy](#), [H. Bante](#)
- 09:30-11:00 Interactive Cases, Self-Examination  
Faculty
- 11:00-11:30 Coffee Break, Refreshments
- 11:30-12:30 Interactive Tutorial Sessions in Small Groups (Cardiac, Pulmonary, Pediatric/CHD, PH, Sports)  
Faculty
- 12:30-13:30 Lunch Break
- 13:30-13:45 General Assembly Meeting (CPX International)  
All
- 13:45-15:15 Abstract Competition / Young Investigator Award  
Faculty
- 15:15-15:30 General Discussion, Certificate Award, Concluding Remarks  
[D. Dumitrescu](#), [H. Bante](#); [K.-O. Dubowy](#)
- 15:30 Close of course